



## Texas Tech University – Morrison MSDI Program

MHC DI has partnered with Texas Tech University to allow interns to enroll in a fully online, 30-credit-hour, [Master of Science in Nutrition and Dietetics](#). The TTU online master's degree in nutrition and dietetics stands out for its practice-based and work-centered design. The degree allows flexibility for interns to complete the degree at their pace and provides courses that increase the necessary knowledge and skills utilized in nutrition and dietetics practice areas. This distance learning focus will increase the necessary knowledge and skills needed in nutrition and dietetics practice areas such as: maternal health, geriatrics, nutrition support, culinary medicine, diabetes, pediatrics, nutrition/exercise/sport, obesity management, leadership & entrepreneurship and eating disorders.

### Admission and Application Requirements:

Students will need to complete 30 credit hours (9 hours of core courses and 21 hours of electives) to complete the degree. Up to 6 hours of graduate coursework as transfer credit may be applied to the degree. Refer to the [TTU website](#) for full application details.

### The admission requirements for TTU are as follows:

- No GRE requirement
- Preferred GPA 3.0 or higher
- Make sure to choose the MS in the Nutrition and Dietetics program (not the MS in Nutritional Sciences)
- Select the correct admission term
- Include:
  - Unofficial transcripts from all colleges/universities attended (official transcripts will be required within your first semester of classes)
  - Resume
  - Contact information for two individuals to write a letter of recommendation
  - One of the following: DPD Verification Statement **or** DPD Letter of Intent **or** CDR card
  - Application, required documents, and application fee submitted through the [TTU application](#) portal

### Tentative Plan of Study:

Option 1 (18 months): Summer Start (June), TTU Application Deadline – April 15

Semester or Term	Summer 1	Fall	Spring	Summer 2	Fall 2
Units	9 units (9 of 30)	3 units (12 of 30)	3 units (15 of 30)	6 units (21 of 30)	9 units (30 of 30)
MS Courses	Core Course* Core Course* Elective	Elective	Elective	Core Course* Elective	Elective Elective Exit Exams
MHC DI		Begin MHC DI: September	Complete MHC DI: May		Graduate MS: December

					Receive MHC DI verification statement
*Core Courses must be completed <i>prior to</i> your final semester.					
Option 2 (18 months): Spring Start (Jan), TTU Application Deadline – November 15					
Semester or Term	Spring 1	Summer 1	Fall	Spring 2	Summer 2
Units	9 units (9 of 30)	6 units (15 of 30)	3 units (18 of 30)	6 units (24 of 30)	6 units (30 of 30)
MS Courses	Core Course* Core Course* Elective	Elective	Elective	Core Course* Elective	Elective Elective Elective Exit Exams
MHC DI			Begin MHC DI: September	Complete MHC DI: May	Graduate MS: August Receive MHC DI verification statement
*Core Courses must be completed <i>prior to</i> your final semester.					

### Program Costs:

All students receive in-state tuition and financial aid is available for students who qualify. Tuition and fees are \$15,000.

### MS Coursework Requirements

#### Unit Requirements:

- \*NS 5330 Intro to Nutrition Research
- \*NS 5346 Clinical Applications: Carbohydrates, Proteins, and Lipids
- \*NS 5347 Clinical Applications: Vitamins and Minerals
- NS 5333 Leadership, Management and Entrepreneurship
- NS 5335 Issues in Sports Nutrition
- NS 5338 Bariatric Nutrition
- NS 5339 Nutrition for Eating Disorders
- NS 5340 Pediatric Nutrition
- NS 5341 Nutrition and Gastrointestinal Diseases
- NS 5342 Biostatistics in Nutrition
- NS 5343 Diabetes and Nutrition Management
- NS 5344 Nutrition and Geriatrics
- NS 5349 Nutrition and Kidney Disease
- NS 5355 Culinary Medicine
- NS 6318 Maternal and Child Nutrition
- NS 6318 Maternal & Child Nutrition

- NS 6325 Nutrition, Exercise, and Sports
- NS 6330 Nutritional Supplements & Ergogenic Aids
- NS 6335 Motivating Health Behavior: Coaching Theory and Application
- NS 6360 Issues in Nutrition: Food Security
- NS 6365 Obesity Management for the Clinical Practitioner
- NS 6375 Nutrition and Cardiovascular Disease

**\*Required Core Courses**

Leading dietitians, clinicians and experts in the field develop and teach our classes. This allows each student to receive up to date information and practice standards that are currently being utilized in specific dietetics career areas.

Students can choose to include concentration in their program with no additional coursework. To include concentration, students must take 9 hours of core courses, 9 hours of concentration-specific courses, and 12 hours of electives. Program completion time is dependent upon how many hours each student takes each semester.

**Nutrition and Healthy Weight:**

Weight management concentration is designed to develop skills and an understanding of the cultural, environmental, psychosocial, physical, and economic factors associated with obesity and weight management. This concentration will enhance students' ability to work with individuals to develop successful strategies for weight management.

**Nutrition and Sports:**

The sports nutrition concentration is designed for people who seek to provide sports nutrition information to athletes and physically active individuals. Concepts include designing and implementing nutrition programs, interpreting research in sports nutrition, counseling athletes, evaluation supplements and ergogenic aids, and working with special athlete populations.

**Nutrition in the Lifecycle:**

This concentration is designed to provide a critical examination of behavioral, physiological and public health issues impacting dietary and nutritional factors that support normal growth and development through the lifecycle.

**Contact Information**

Texas Tech University Department of Nutritional Services  
 Dr. Allison Childress PhD, RDN, LD, CSSD  
 Director of Graduate Online Programs  
[Allison.childress@ttu.edu](mailto:Allison.childress@ttu.edu)  
 806-834-6371

Morrison Healthcare Dietetic Internship  
 Sunitha Zechariah PhD, RDN, LD, CNSC, FAND  
 Dietetic Internship Program Director  
[Sunithazechariah@iammorrison.com](mailto:Sunithazechariah@iammorrison.com)  
 706-372-4917

